

NOVEMBER 2019	VILONIA SENIOR CITIZENS CALENDAR				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
<i>DONATIONS ACCEPTED</i> November 2nd 6:00 am - 10:00 am <i>COUNTRY BREAKFAST</i> Scrambled Eggs, Bacon, Sausage, Biscuits Sausage Gravy, Plain Gravy and Chocolate Gravy				1 8:30 Leisure Activities 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
4 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	5 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	6 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch	7 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	8 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
11 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	12 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	13 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch	14 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	15 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
18 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	19 8:30 Leisure Activities 11:00 Medicare Minutes 11:30 Announcements/Lunch	20 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch 12:00 Bingo Sponsored by the Red Hat Ladies	21 8:30 Leisure Activities 11:00 Music 11:30 Thanksgiving Dinner provided by the Vilonia Lions Club	22 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
25 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	26 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	27 8:30 Leisure Activities 10:00 Strength Training Exercise Class 11:30 Announcements/Lunch	28 Centers Closed Thanksgiving Holiday	29 Centers Closed Thanksgiving Holiday Game Night 6:00--10:00 Night Hawks	
Center Phone: 501-796-4680 Open Monday — Friday 8:00 AM — 2:00 PM Transportation Available Like us on Facebook! On the Web: fcseniors.com					