

| <b>AUGUST 2019</b>                                                                                                                                                                                       | <b>TWIN GROVES SENIOR CITIZENS CALENDAR</b>                                                                                                             |                  |                 |               | <b>For Seniors 60 &amp; Over</b>                                                                                       |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|------------------|-----------------|---------------|------------------------------------------------------------------------------------------------------------------------|
| <b>Monday</b>                                                                                                                                                                                            | <b>Tuesday</b>                                                                                                                                          | <b>Wednesday</b> | <b>Thursday</b> | <b>Friday</b> |                                                                                                                        |
| <p>The Twin Groves Senior Center is open 2 days a week. If you would like to participate at any of the Senior Centers in Faulkner County you are Welcome to do so.</p>                                   | <p>The Greenbrier Senior Center is the nearest center to Twin Groves. For directions to any of our Faulkner County Senior Centers call 501-327-1122</p> |                  | 1               | 2             | <p>Leisure Activities<br/>10:15 Exercise<br/>Quilting &amp; Crafts<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p>   |
| 5                                                                                                                                                                                                        | 6 <p>Leisure Activities<br/>9:30 Tapes &amp; Gospel Music<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p>                                             | 7                | 8               | 9             | <p>Leisure Activities<br/>10:15 Exercise<br/>Quilting &amp; Crafts<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p>   |
| 12                                                                                                                                                                                                       | 13 <p>Leisure Activities<br/>9:30 Tapes &amp; Gospel Music<br/>11:30 Announcements/Brunch<br/>12:00 Bingo</p>                                           | 14               | 15              | 16            | <p>Leisure Activities<br/>10:15 Exercise<br/>10:30 Bean Bag Baseball<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p> |
| 19                                                                                                                                                                                                       | 20 <p>Leisure Activities<br/>9:30 Tapes &amp; Gospel Music<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p>                                            | 21               | 22              | 23            | <p>Leisure Activities<br/>10:15 Exercise<br/>10:30 Bean Bag Baseball<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p> |
| 26                                                                                                                                                                                                       | 27 <p>Leisure Activities<br/>9:30 Tapes &amp; Gospel Music<br/>11:30 Announcements/Lunch<br/>12:00 Bingo</p>                                            | 28               | 29              | 30            | <p>Leisure Activities<br/>11:30 Announcements and Brunch<br/>12:00 Bingo</p>                                           |
| <p>Center Phone: 501-335-7733      Open Tuesday &amp; Friday 8:00 AM — 2:30 PM    Transportation Available    Like us on Facebook!      On the Web: <a href="http://fcseniors.com">fcseniors.com</a></p> |                                                                                                                                                         |                  |                 |               |                                                                                                                        |