

JANUARY 2016	VILONIA SENIOR CITIZENS CALENDAR				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
UNITED WAY BEGINS IN January PLEASE HELP BY MAKING A DONATION !!		<u>“Winter Weather”</u> <u>In the event of inclement weather,</u> <u>we will follow School Closings</u> <u>If Conway Schools close, the</u> <u>Senior Center will be closed</u>	Happy New Year! Centers Closed	1 8:30 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
4 8:30 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	5 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	6 8:30 Leisure Activities 10:00 Exercise Blood Pressure Check by Conway Health & Rehab 11:30 Announcements/Lunch 12:00 Bingo	7 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	8 8:30 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
11 8:30 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	12 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	13 8:30 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch 12:00 Bingo	14 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	15 8:30 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
18 Martin Luther King Jr. Day Centers Closed	19 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	20 8:30 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch 12:00 Bingo	21 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	22 8:30 Leisure Activities 9:45 Announcements/Brunch Game Night 6:00 — 10:00 Night Hawks	
25 8:30 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	26 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	27 8:30 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch 12:00 Bingo	28 8:30 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	29 BRUNCH 8:30 Leisure Activities 9:45 Announcements/Brunch Game Night 6:00 — 10:00 Night Hawks	
Center Phone: 501-796-4680 Open Monday — Friday 8:00 AM — 2:00 PM Transportation Available Like us on Facebook! On the Web: fcseniors.com					