

NOVEMBER 2015	TWIN GROVES SENIOR CITIZENS CALENDAR				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
2	3 Leisure Activities 9:30 Tapes & Gospel Music 11:30 Announcements/Lunch 12:00 Bingo	4	5	6	Leisure Activities 10:15 Exercise Quilting & Crafts 11:30 Announcements/Lunch 12:00 Bingo
9	10 Leisure Activities 9:30 Tapes & Gospel Music 11:30 Announcements/Lunch 12:00 Bingo	11	12	13	Leisure Activities 10:15 Exercise Quilting & Crafts 11:30 Announcements/Lunch 12:00 Bingo
16	17 Leisure Activities 9:30 Tapes & Gospel Music 11:30 Announcements/Lunch 12:00 Bingo	18	19	20	Leisure Activities 10:15 Exercise Class Blood Pressure Check by Conway Health & Rehab 11:30 Announcements/Lunch 12:00 Bingo
23	24 Leisure Activities 9:30 Tapes & Gospel Music 11:30 Announcements/Lunch 12:00 Bingo	25	26 Thanksgiving Holiday Centers Closed	27	Thanksgiving Holiday Centers Closed
30		##			
Center Phone: 501-335-7733 Open Tuesday & Friday 8:00 AM — 2:30 PM Transportation Available Like us on Facebook! On the Web: fcseniors.com					