

OCTOBER 2023	MAYFLOWER SENIOR CENTER CALENDAR				Mayflower
Monday	Tuesday	Wednesday	Thursday	Friday	
2 8:30 Leisure Activities-Cards & Dominoes 10:00 Learning to Sew 11:00 Group Memory Game 11:30 Announcements/Lunch 12:15 Bingo	3 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Guess What Game 11:30 Announcements/Lunch 12:00 Joke of the Day	4	5 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Puzzle Activity 11:30 Announcements/Lunch 12:15 Bingo	6	
9 Center Closed Holiday	10 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Guess What Game 11:30 Announcements/Lunch 12:00 Joke of the Day	11	12 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Puzzle Activity 11:30 Announcements/Lunch 12:15 Bingo	13	
16 8:30 Leisure Activities-Cards & Dominoes 10:00 Learning to Sew 11:00 Group Memory Game 11:30 Announcements/Lunch 12:15 Bingo	17 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Guess What Game 11:30 Announcements/Lunch 12:00 Joke of the Day	18	19 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Puzzle Activity 11:30 Announcements/Lunch 12:15 Bingo	20	
23 8:30 Leisure Activities-Cards & Dominoes 10:00 Learning to Sew 11:00 Group Memory Game 11:30 Announcements/Lunch 12:15 Bingo	24 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Guess What Game 11:30 Announcements/Lunch 12:00 Joke of the Day	25	26 8:30 Leisure Activities-Cards & Dominoes 10:00 Peppi Strength Training Class 11:00 Puzzle Activity 11:20 Nutrition Education 11:30 Announcements/Lunch 12:15 Bingo	27	
30 8:30 Leisure Activities-Cards & Dominoes 10:00 Learning to Sew 11:00 Group Memory Game 11:30 Announcements/Lunch 12:15 Bingo	31 BRUNCH 9:45 Announcements/Brunch 10:15 Bingo	32			
Center Phone: 501.450.3350 Open Monday — Friday 8:00 AM — 3:30 PM Transportation Available Facebook.com/fcSeniorsAR On the Web: fcseiors.com					