

JUNE 2015	VILONIA SENIOR CITIZENS CALENDAR				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
1 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	2 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	3 Leisure Activities 10:00 Strength Training Blood Pressure Check by Conway Health & Rehab 11:30 Announcements/Lunch 12:00 Bingo	4 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	5 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
8 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	9 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	10 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch 12:00 Bingo	11 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	12 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
15 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	16 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	17 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch 12:00 Bingo	18 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	19 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
22 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	23 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	24 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch 12:00 Bingo	25 Leisure Activities 11:00 Music 11:30 Announcements/Lunch	26 Leisure Activities 10:00 Exercise 11:30 Announcements/Lunch Game Night 6:00 — 10:00 Night Hawks	
29 Leisure Activities 10:00 Strength Training 11:00 Music 11:30 Announcements/Lunch 12:00 Learn to Knit & Crochet	30 Leisure Activities 9:45 Announcements/ Brunch 11:00 Music				
Center Phone: 501-796-4680 Open Monday — Friday 8:00 AM — 2:00 PM Transportation Available Like us on Facebook! On the Web: fcseniors.com					