

For Seniors 60 Years and Older		January 2015 Faulkner County Senior Citizens Center- Calendar of Events			Greenbrier Center
Monday	Tuesday	Wednesday	Thursday	Friday	
RECYCLED TEENAGERS 679-3103		Face book Greenbrier Senior Citizens Center Visit our Website fcseniors.com	1 Happy New Year's Day	2 Center Closed	
5 8:30 Leisure Activities 10:00 Strength Training Exercise 11:30 Announcements /Pledge of Allegiance /Lunch	6 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch	7 8:30 Leisure Activities 11:00 Gospel Singing-Piano by Billy Duncan 11:30 Announcements /Pledge of Allegiance /Lunch	8 8:30 Leisure Activities 10:00 Strength Training Exercise 11:30 Announcements /Pledge of Allegiance /Lunch	9 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch	
12 8:30 Leisure Activities 10:00 Strength Training Exercise 11:00 Advisory Site Counsel 11:30 Announcements /Pledge of Allegiance /Lunch	13 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch	14 8:30 Leisure Activities 11:00 Gospel Singing-Piano by Billy Duncan 11:30 Announcements /Pledge of Allegiance /Lunch	15 8:30 Leisure Activities 10:00 Strength Training Exercise 11:30 Announcements /Pledge of Allegiance /Lunch	16 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch	
19 Martin Luther King, Jr. Day Center Closed	20 8:30 Leisure Activities 10:00 Move With Balance BP by Conway Regional 11:30 Announcements /Pledge of Allegiance /Lunch	21 8:30 Leisure Activities 11:00 Gospel Singing-Piano by Billy Duncan 11:00 Healthy Living for the New Year Faulkner County Extension Office 11:30 Announcements /Pledge of Allegiance /Lunch	22 8:30 Leisure Activities 10:00 Strength Training Exercise 11:30 Announcements /Pledge of Allegiance /Lunch	23 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch	
26 8:30 Leisure Activities 10:00 Strength Training Exercise 11:30 Announcements /Pledge of Allegiance /Lunch Marie Laymon Activity Coordinator	27 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch	28 8:30 Leisure Activities 11:00 Gospel Singing-Piano by Billy Duncan 11:30 Announcements /Pledge of Allegiance /Lunch	29 8:30 Leisure Activities 10:00 Strength Training Exercise 11:30 Announcements /Pledge of Allegiance /Lunch Nutrition Information by UCA	30 8:30 Leisure Activities 10:00 Move With Balance 11:30 Announcements /Pledge of Allegiance /Lunch Staff - Linda Green - James Minton	