

APRIL 2022	LUNCH MENU				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
				1	Ground Beef Stew Tossed Salad w/Dressing Cornbread Baked Apples Skim Milk
4 Meatballs w/ Mushroom Gravy Buttered Pasta Vegetable Blend Fruit Cocktail Bread Skim Milk	5 Chicken Pot Pie Broccoli Applesauce Cookie Roll Skim Milk	6 Chicken Tenders Squash Casserole Buttered Carrots Strawberry Shortcake Roll Skim Milk	7 Sloppy Joe on a Bun Tater Tots Baked Beans Banana Pudding Skim Milk	8 Soft Beef Taco Corn Refried Beans Chopped Lettuce and Tomato Mandarin Oranges Skim Milk	
11 Chicken Fried Steak Mashed Potatoes Green Beans Tropical Fruit Roll Skim Milk	12 Smothered Pork Chop Garden Blend Rice Lima Beans Chocolate Pudding Roll Skim Milk	13 Sliced Ham Scalloped Potatoes Candied Carrots Brownie Roll Skim Milk	14 Spaghetti w/Meat Sauce Green Beans Tossed Salad w/Dressing Peach Cobbler Garlic Bread Skim Milk	15 Oven Baked Seasoned Fish Lemon Pepper Rice Steamed Broccoli Pineapples Bread Skim Milk	
18 Swiss Steak Garden Blend Rice Green Beans Fruit Salad Bread Skim Milk	19 Ham and Beans Oven Roasted Potatoes Mixed Greens Apple Cobbler Cornbread Skim Milk	20 Open Faced Turkey Sandwich Mashed Potatoes Peas and Carrots Cookie Skim Milk	21 Chicken Parmesan Baked Rotini Steamed Broccoli Chilled Peaches Garlic Bread Skim Milk	22 Mexican Chicken Casserole Fiesta Corn Refried Beans Fruit Cup Skim Milk	
25 Breaded Baked Pork Chop Roasted New Potatoes Vegetable Blend Mandarin Oranges Roll Skim Milk	26 BRUNCH Scrambled Eggs Sausage Biscuit w/ Country Gravy Hashbrowns and Muffin Skim Milk	27 Homemade Meatloaf Mashed Potatoes Green Peas Pudding Roll Skim Milk	28 Chicken Fajitas Spanish Rice Fiesta Corn Tropical Fruit Skim Milk	29 Roast Turkey Cornbread Dressing Green Beans Apple Cobbler Roll Skim Milk	
Mayflower M, T, TH at 11:30 AM		Conway, Greenbrier & Vilonia M-F at 11:30 AM		Twin Groves T & F at 11:30 AM	