

APRIL 2015	MT. VERNON SENIOR CITIZENS CALENDAR				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
April 26 – 11:00 a.m. – 2:00 p.m. <u>Bake Sale & Silent</u> <u>@ Conway</u> <u>Fundraiser for all Faulkner</u>	“26th Annual Sunday Dinner” <u>Auction</u> <u>Senior Center</u> <u>County Senior Centers</u>	1 8:00 Breakfast 8:30 Overview 9:30 Book Club Walking	2	3 8:00 Breakfast Exercise Leisure Activities	
6	7	8 8:00 Breakfast 9:30 Book Club Walking Leisure Activities	9	10 8:00 Breakfast Exercise Leisure Activities	
13	14	15 8:00 Breakfast 9:30 Book Club Walking Leisure Activities	16	17 8:00 Breakfast Exercise Leisure Activities	
20	21	22 8:00 Breakfast 9:30 Book Club Walking Leisure Activities	23	24 8:00 Breakfast Exercise Leisure Activities	
27	28	29 8:00 Breakfast 9:30 Book Club Walking Leisure Activities	30		
Center Phone: 501-849-2323 Open Wednesday & Friday 7:00 AM — 12:00 Noon Like us on Facebook! On the Web: fcseniors.com					

APRIL 2015	MT. VERNON SENIOR CITIZENS MENU				For Seniors 60 & Over
Monday	Tuesday	Wednesday	Thursday	Friday	
		1 Pancakes w/ Syrup Scrambled Eggs Sausage Mixed Fruit	2	3 Scrambled Eggs Turkey Sausage Hash Browns Sliced Strawberries Orange Juice	
6	7	8 French Toast Turkey Sausage Scrambled Eggs Stewed Apples Orange Juice	9	10 Turkey Sausage Biscuit w/ Country Gravy Scrambled Eggs Strawberries Orange Juice/ Skim Milk	
13	14	15 Pancakes w/ Syrup Scrambled Eggs Turkey Sausage Ambrosia Orange Juice/ Skim Milk	16	17 Scrambled Eggs Biscuits w/ Country Gravy Sausage Orange Juice	
20	21	22 Scrambled Eggs Sausage Patty Hash Browns Sliced Oranges Orange Juice	23	24 Biscuits & Gravy Turkey Sausage Hash Browns Orange Juice/ Skim Milk	
27	28	29 French Toast Turkey Sausage Scrambled Eggs Stewed Apples Orange Juice	30		
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