

For Seniors 60 Years and Older
Monday

February 2019 Faulkner County Senior Citizens Center - Calendar of Events
Tuesday

Greenbrier Center
Friday

Monday	Tuesday	Wednesday	Thursday	Friday
<p>RECYCLED TEENAGERS 679-3103</p> <p>OPEN Monday thru Friday 8am to 2pm</p>	<p>Our neighbor center in Conway, as you can see is very vested in Exercise ... We are welcome to join in their activities... Some other things they do are Chair Volleyball, Dinner & Bingo, Line Dance Class, Pickle ball, Ping Pong, Bowling and a every Friday Night Dance and Band ...</p>	<p>THE WORLD IS CHANGED BY YOUR EXAMPLE NOT BY YOUR OPINION</p>	<p>**WINTER WEATHER**</p> <p>In the event of Inclement Weather we will follow School Closings If Greenbrier Schools close, the Senior Center will be closed... Go to fcseniors.com for updates ...</p>	<p>1</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 10:45 Adopt A Grand Friend-GMS EastLab Groundhog Day - Saturday 9:30 Strength Training-Conway 10:00 Drums Alive-Conway 10:40 Silver Sneakers Classic Class-Conway</p>
<p>4</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 9:30 Strength Training-Conway 10:00 Move with Balance-Conway 10:40 Silver Sneakers Classic Class-Conway 12:45 Tai Chi-Conway 1:30 Beginner Tai Chi</p>	<p>5</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 10:00 BBB Practice</p> <p>5:00 Out To Eat at Joe's Pizza 8:00 Tai Chi-Conway</p>	<p>6</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 11:00 Gospel Music</p> <p>9:30 Strength Exercise-Conway 10:00 Move with Balance-Conway 10:40 Sherri's Boot Camp-Conway</p>	<p>7</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch</p> <p>9:15 BBB Game - Conway Recycled Teenagers vs. Senior Moments and Shakers 5:00 Game Night and Snacks</p>	<p>8</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 10:30 Show & Tell 12:15 Bingo 9:30 Strength Training-Conway 10:00 Drums Alive-Conway 10:40 Silver Sneakers Classic Class-Conway</p>
<p>11</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 9:30 Strength Training-Conway 10:00 Move with Balance-Conway 10:40 Silver Sneakers Classic Class-Conway 12:45 Tai Chi-Conway 1:30 Beginner Tai Chi</p>	<p>12</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch</p> <p>10:00 BBB Practice 8:00 Tai Chi-Conway</p>	<p>13</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 11:00 Gospel Music</p> <p>9:30 Strength Exercise-Conway 10:00 Move with Balance-Conway 10:40 Sherri's Boot Camp-Conway</p>	<p>14</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch VALENTINE'S DAY 10:00 Come to Party - Games - Skit - Songs Cake Walk and King & Queen Virginia and Bonnie are here to make Valentine's Day Fun and Hearty ...</p>	<p>15</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 12:15 Bingo</p> <p>9:30 Strength Training-Conway 10:00 Drums Alive-Conway 10:40 Silver Sneakers Classic Class-Conway</p>
<p>18</p> <p>President's Day</p> <p>Center Closed</p>	<p>19</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch</p> <p>10:00 BBB Practice 8:00 Tai Chi-Conway</p>	<p>20</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 11:00 Gospel Music</p> <p>9:30 Strength Exercise-Conway 10:00 Move with Balance-Conway 10:40 Sherri's Boot Camp-Conway</p>	<p>21</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch</p> <p>10:00 BBB Practice</p>	<p>22</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 10:45 Adopt A Grand Friend-GMS EastLab</p> <p>9:30 Strength Training-Conway 10:00 Drums Alive-Conway 10:40 Silver Sneakers Classic Class-Conway</p>
<p>25</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 9:30 Strength Training-Conway 10:00 Move with Balance-Conway 10:40 Silver Sneakers Classic Class-Conway 12:45 Tai Chi-Conway 1:30 Beginner Tai Chi</p>	<p>26</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch</p> <p>10:00 BBB Practice</p> <p>5:00 Game Night and Snacks 8:00 Tai Chi-Conway</p>	<p>27</p> <p>Dominoes / Table Games / Pool Table 11:30 Announcements / Pledge of Allegiance / Lunch 11:00 Gospel Music</p> <p>9:30 Strength Exercise-Conway 10:00 Move with Balance-Conway 10:40 Sherri's Boot Camp-Conway</p>	<p>28</p> <p>Dominoes / Table Games / Pool Table 8:45 Announcements / Pledge of Allegiance / Brunch</p>	<p>Facebook Greenbrier Senior Citizens Center</p> <p>Visit our Website www.fcseniors.com</p> <p>Marie Laymon - Activity Coordinator Staff - Linda Green - Callie Draper Jeanette Lawrence</p>